

**FOR IMMEDIATE RELEASE:
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Bethel Foundation Serves TEA to Single Mothers Teaching, Educating, Attainment

Oklahoma City, Okla. -- The Bethel Foundation in Oklahoma City is gearing up to present its first ever TEA motivational workshops made especially for single mothers. This FREE workshop promises to bring motivation and hope to single mothers in need.

When: Saturday, April 24 from 9 a.m. to 1 p.m.
Where: Britton Christian Church
922 NW 91st Street

Bethel has lined up some of Oklahoma's best to develop programming that will matter most:

- Kristi Strubhart: Budgeting
- Amanda Brackney: Savvy Savings, Using Coupons Strategically
- Ladonna White: Parenting with Emphasis on Abuse and Child Neglect
- Amy Morgan: Set Yourself Apart

"I want the mothers to walk away feeling inspired. I want them to know that there is an agency that wants to help them along their journey by educating them in the process," Lynda Powell, Bethel Foundation Founder, said. "I also want the single mothers to feel special for a day."

Attendees must register first by going to www.bethelfoundationusa.com or calling (405) 286-3602. Registration includes FREE childcare and a chance to win 1 of 15 door prizes valued at \$100. Walk-in registration will be available but childcare is not guaranteed.

The Junior Hospitality Club will present a special "Single Mother of the Year" award with a prize valued at \$500. You can find more information on how to nominate a special mom at our Web site www.bethelfoundationusa.com or by calling (405) 286-3602. Deadline for submission is April 2, 2010.

If you're a single mother, or know of one, please register for this day full of inspiration and motivation.

About Bethel:

Founder, Lynda K. Powell, was inspired to develop Bethel Foundation by her own experiences as a struggling single mother. We take our mission of making mothers more productive citizens to heart. We accomplish our mission by alleviating dependence on systems that inhibit a family's ability to take steps to provide a better life for their kids. Our belief is that strong families make a strong America, changing lives, one mom at a time.

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